

Jordan

2004 Fact Sheet



The **2004 Jordan GSHS** measured dietary behaviors; hygiene; unintentional injuries and violence; mental health; tobacco use; physical activity; and protective factors.

The 2004 Jordan GSHS was a school-based survey of students aged 13-15 years. A two-stage cluster sample design was used to produce representative data for 13-15 year old students in Jordan. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 95%, and the overall response rate was 95%. A total of 2,457 students participated in the Jordan GSHS.

Results for students aged 13-15 years	Total	Boys	Girls
Dietary Behaviors			
Percentage of students who are overweight	3.5 ± 1.2	4.3 ± 1.9	2.8 ± 1.3
Percentage of students who are at risk for becoming overweight	13.9 ± 1.6	16.5 ± 0.7	11.3 ± 2.8
Percentage of students who went hungry most of the time or always during the past 30 days because there was not enough food in their home	10.3 ± 1.9	11.4 ± 2.7	9.3 ± 2.8
Hygiene			
Percentage of students who did not clean or brush their teeth during the past 30 days	17.0 ± 2.7	23.5 ± 4.3	11.1 ± 2.9
Percentage of students who never or rarely washed their hands before eating during the past 30 days	7.5 ± 1.3	8.1 ± 1.6	6.9 ± 2.2
Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days	5.6 ± 1.4	7.0 ± 2.7	4.2 ± 1.2
Unintentional Injuries and Violence			
Percentage of students who were in a physical fight one or more times during the past 12 months	46.6 ± 5.0	65.9 ± 3.1	28.6 ± 5.7
Percentage of students who were seriously injured one or more times during the past 12 months	36.1 ± 3.1	43.1 ± 2.8	30.2 ± 4.2
Percentage of students who were bullied on one or more days during the past 30 days	46.4 ± 2.9	49.8 ± 3.1	42.9 ± 5.5
Mental Health			
Percentage of students who felt lonely most of the time or always during the past 12 months	15.8 ± 1.9	11.1 ± 2.9	20.0 ± 2.1
Percentage of students who seriously considered attempting suicide during the past 12 months	15.1 ± 2.2	13.2 ± 2.5	16.7 ± 3.5
Percentage of students who have no close friends	4.9 ± 0.9	4.3 ± 1.6	5.6 ± 1.2
Tobacco Use			
Percentage of students who smoked cigarettes on one or more days during the past 30 days	12.6 ± 2.5	19.2 ± 4.3	6.6 ± 2.8
Percentage of students who used any other form of tobacco, such as Argela or pipe on one or more of the past 30 days	15.0 ± 2.2	20.7 ± 3.4	9.6 ± 1.8
Percentage of students who reported people smoking in their presence on one or more of the past seven days	76.0 ± 1.3	77.2 ± 2.6	74.8 ± 1.4



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Physical Activity			
Percentage of students who were physically active all seven days for a total of at least 60 minutes per day during the past seven days	16.0 ± 2.7	18.9 ± 4.4	13.6 ± 3.2
Percentage of students who spent three or more hours per day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities, such as Atari, Play Station, playing cards, playing chess, or reading stories during a typical or usual day	41.3 ± 3.3	41.8 ± 5.4	40.5 ± 3.7
Protective Factors			
Percentage of students who missed classes or school without permission on one or more of the past 30 days	36.3 ± 2.8	43.0 ± 5.1	30.2 ± 2.6
Percentage of students who reported that most of the students in their school were kind and helpful most of the time or always during the past 30 days	44.7 ± 4.0	39.1 ± 4.3	49.9 ± 6.7
Percentage of students whose parents or guardians knew what they were doing with their free time most of the time or always during the past 30 days	44.9 ± 2.7	46.5 ± 4.4	43.4 ± 3.2

For Additional Information, please contact:

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